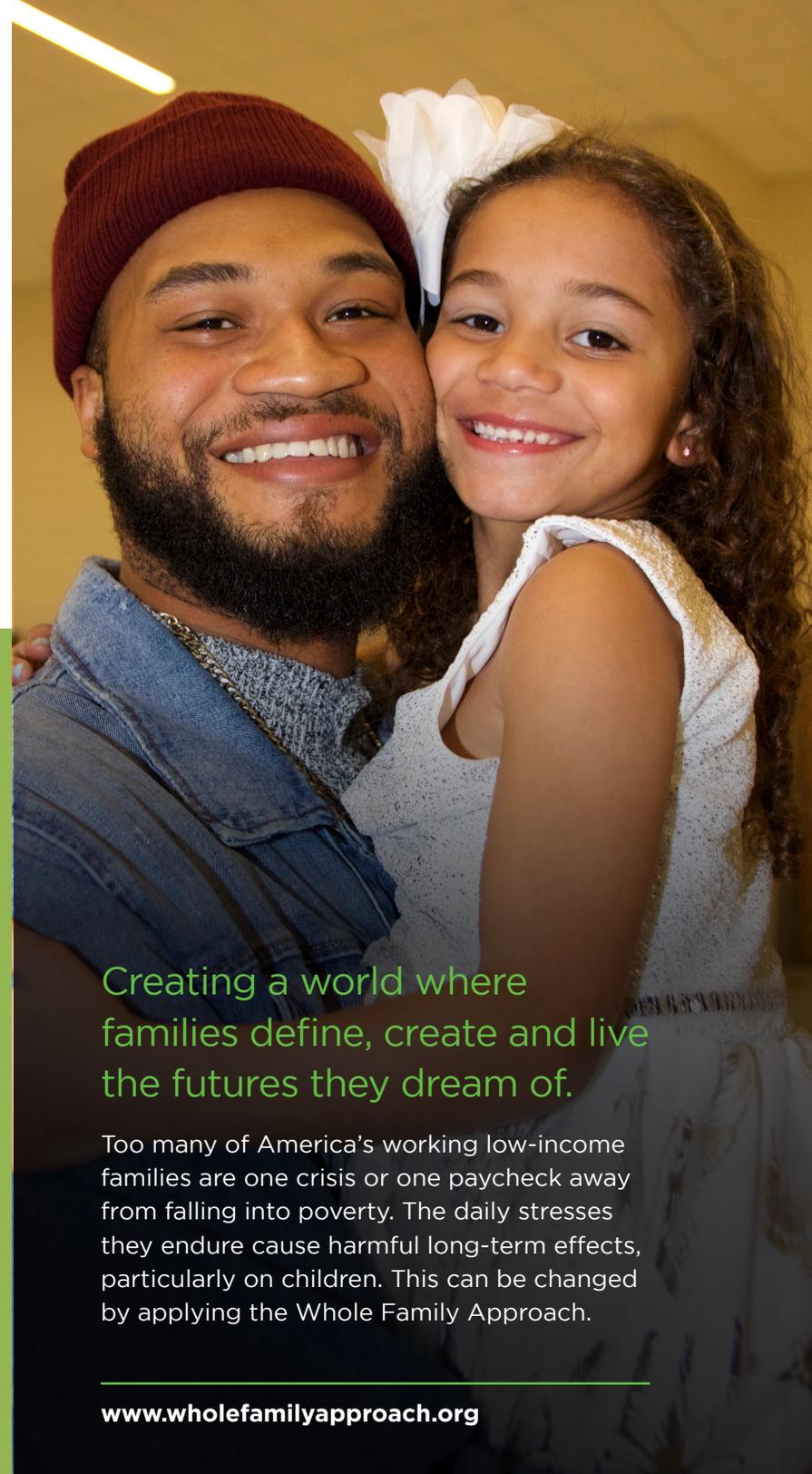


What is different about the Whole Family Approach?

Empowering a family with the tools to reach their goals and stay out of poverty has far better long-term benefits than intervening once a crisis has taken hold. Many of the current social service systems approach family well-being from an individualistic, fragmented, and crisis-oriented perspective. The Whole Family Approach breaks down silos between agencies, connecting families to multiple resources they can use to achieve their dreams.

Several factors make the Whole Family Approach unique and effective:

- Families include two adult caregivers, one working or able to work, committed to the long-term well-being of the entire family.
- Families self-identify goals and work together to accomplish individual and family-wide goals.
- Families create and implement plans with behavioral objectives, enabling them to reach their goals together.
- Families have access to a range of organizations offering the tools to act on their plans.
- Collaborations of agencies support families in achieving goals by coordinating offerings, activities and supports.



Creating a world where families define, create and live the futures they dream of.

Too many of America's working low-income families are one crisis or one paycheck away from falling into poverty. The daily stresses they endure cause harmful long-term effects, particularly on children. This can be changed by applying the Whole Family Approach.

www.wholefamilyapproach.org

THE WHOLE



APPROACH

A PATH TO STRONG, RESILIENT FAMILIES

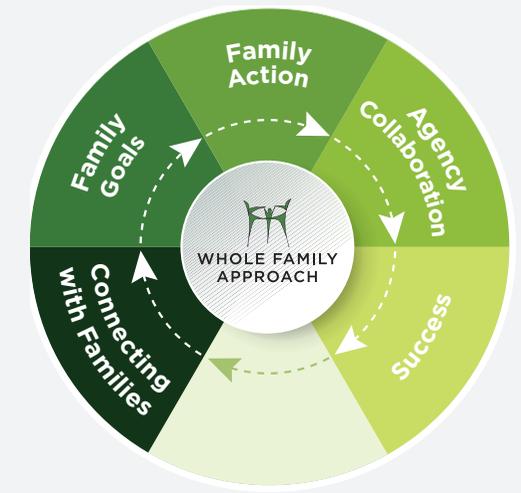


What is the Whole Family Approach?

While families are made up of individuals, their challenges and successes are interdependent. The Whole Family Approach is a family-led strategy which provides adults and children in the family with the tools and social support to collectively set life goals, create actionable plans, and achieve their goals. When the whole family works together to support each other's goals, long-term change and stability become a reality.

Where is the Whole Family Approach implemented?

The Whole Family Approach is effective in a range of settings — rural, urban, and suburban — and enables families to work together in realizing any number of goals ranging from education, to financial stability, health, and relationship building. The Whole Family Approach is best implemented through a mission-driven collaborative model where multiple agencies come together to provide services.



THE WHOLE FAMILY APPROACH IS MAKING A DIFFERENCE

Manny*, a father of two preschool boys, was forced into single parenthood after his wife abandoned the family. He struggled with depression and debilitating anxiety, and saw permanent disability as his only option. With support from the Family Strengthening Network, Manny came to reimagine his life and developed a whole-family action plan. He and his mother committed to co-parent the children. Over the next three years, Manny secured a full-time job which boosted his confidence and reduced his depression. And with his mother's help, he was able to provide the support and consistent parenting needed so his children can thrive. This whole family has built an emotionally and financially secure home together.

**Name changed to protect privacy.*

CHILD CONNECTION CENTER

Brings youth, caregivers, teachers and others together to enable youth to reach their potential academically, socially and emotionally.

CONNECTING FAMILIES TO COMMUNITIES

Supports parents and developing strong families to build a stronger community.

FAMILIA ADELANTE FAMILY FORWARD

Coaching immigrant families as they work toward long-and short-term goals around economic stability, education and wellness.

FAMILIES FOR LITERACY

Facilitates adjustment and success for through ESL classes, academic support, job training and employment opportunities.

FAMILIES IN MOTION

Develops self-sufficiency, sustainable strategies and financial security for immigrant families.

FAMILIES TO COLLEGE

Implements a STEAM-based focus to enable youth and caregivers to achieve realistic academic and employment goals.

FAMILY STRENGTHENING NETWORK

Coaches families as they set and achieve goals in healthy relationships, child well-being and financial security.

SOUTH JERSEY FIRST STAR

Empowers foster teens, foster families and siblings to succeed academically, socially and emotionally in high school, college and careers.

STRONGER FAMILIES

To strengthen and support families of incarcerated adults, the general population, and youth through life coaching, job training, and community activities.

UNIDOS PARA LA FAMILIA

Provides immigrants with the tools to adjust, assimilate and contribute to American culture.

Find a full list of Whole Family Approach implementers at www.wholefamilyapproach.org.